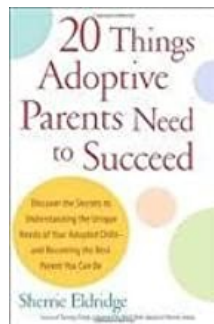


Twenty Things Adopted
Kids Wish Their
Adoptive Parents Knew

Author: Sherrie Eldridge

With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love--that he must grieve his loss now if he is to receive love fully in the future--that she needs honest information about her birth family no matter how painful the details may be--and that although he may choose to search for his birth family, he will always rely on you to be his parents.

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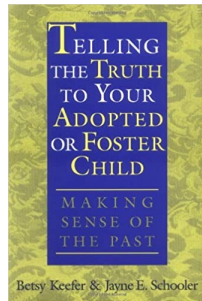


Twenty Things Adoptive
Parents Need to Succeed

Author: Sherrie Eldridge

Speaking from her own experience as an adoptee and an expert in the field of adoption, Eldridge shares proven strategies and the moving narratives of nearly one hundred adoptive families, helping parents gain a deeper understanding of what is normal, both for their children and themselves. By first strengthening yourself as a parent, you'll be able to truly listen to your child, and to connect with him on every level, by opening the channels of communication and keeping them open forever.

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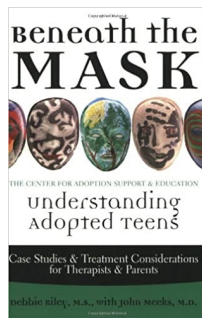


Telling the Truth to Your
Adopted or Foster Child

Authors: Betsy Keefer
and Jayne E. Schooler

With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love--that he must grieve his loss now if he is to receive love fully in the future--that she needs honest information about her birth family no matter how painful the details may be--and that although he may choose to search for his birth family, he will always rely on you to be his parents.

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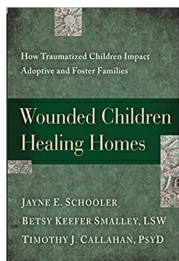


Beneath the Mask:
Understanding Adopted
Teens

Author: Debbie Riley

Working with adopted adolescents is complex. The key to successful therapy and healthy development is to help the adolescent discover and accept the person within. Parents will discover: the six most common adoption stuck-spots, the complexities of adoption, the adopted teen's quest for identity, and how therapy may help the adoptive families learn and grow together.

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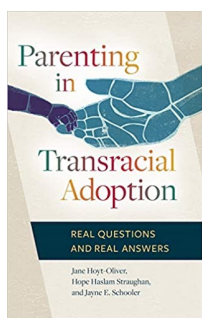


Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families

Authors: Jayne Schooler, Betsy Keefer Smalley and Timothy Callahan

Why doesn't our child return our love? What are we failing to understand? What are we failing to do? These questions can fill the minds of adoptive parents caring for wounded, traumatized children. Families often enter into this experience with high expectations for their child and for themselves but are broadsided by shattered assumptions. This book addresses the reality of those unmet expectations and offers validation and solutions for the challenges of parenting deeply traumatized and emotionally disturbed children.

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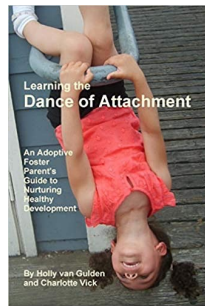


Parenting in Transracial Adoption: Real Questions and Real Answers

Authors: Jane Hoyt-Oliver Ph.D., Hope Haslam Straughan Ph.D., and Jayne E. Schooler

Addresses questions from the obvious—for example, how to respond to comments from family and community members—to the practical—how a Caucasian mother can learn to help her African American daughter groom her hair. Topics include parental understanding of race while growing up, parental understanding of the challenges within the community, and communicating within the adoptive family. The book also shares advice from practitioners about preparing and supporting families in transracial adoption.

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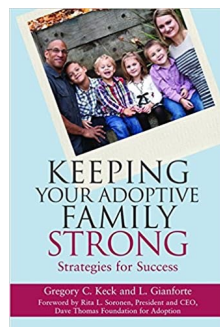


Learning the Dance of
Attachment, An
Adoptive/Foster Parent's
Guide to Nurturing Healthy
Development

Authors: Holly van Gulden
and Charlotte Vick

A child development guide specifically written for adoptive and foster parents, this book explains the normal stages of childhood emotional development and contrasts it with the behaviors caused by early life deprivation and abuse. Parents facing frustrating and unexplained behaviors can read this guide to understand the causes of their child's behavior and learn techniques to overcome problems.

7



Keeping Your Adoptive
Family Strong

Author: Gregory C. Keck
and L. Gianforte

A valuable resource for parents and professionals, this book provides useful strategies for facing the challenges posed by adopted children. The inclusion of real stories from real people adds heart and encouragement, offering hope for the future of the entire family.

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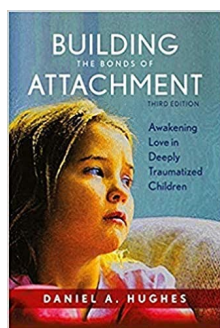


Inside Transracial Adoption

Authors: Beth Hall and Gail Steinberg

This is the classic authoritative guide to navigating the challenges and issues that parents face when they adopt a child of a different race and/or culture. Filled with real-life examples and specific strategies for success, the book explores in-depth the realities of raising a child of color, whether in a multicultural or a predominantly white community. Readers will learn how to help children adopted transracially or transnationally build a strong sense of identity, so that they will feel at home both in their new family and in their racial group or culture of origin.

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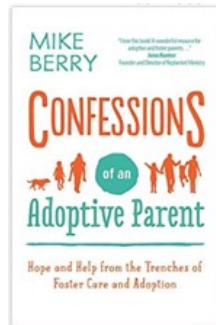


Building the Bonds of Attachment: Awakening Love in Deeply Traumatized Children, 3rd Edition

Author: Daniel A. Hughes

Presents a composite case study of one child's developmental course following years of abuse and neglect. Offers effective methods for facilitating attachment in children who have experienced serious trauma. The text emphasizes both the specialized psychotherapy and parenting strategies often necessary in facilitating a child's psychological development and attachment security. Hughes steps through an integrated intervention model that blends attachment and trauma theories with the most current research as well as general principles of both parenting and child and family therapy.

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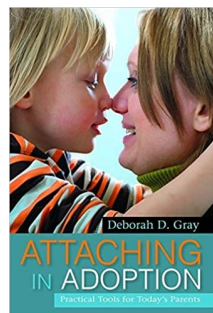


Confessions of an Adoptive Parent

Author: Mike Berry

Adopting or fostering a child brings its own unique set of challenges only another parent facing the same uphill climb could possibly understand. From parenting children with traumatic pasts, to dealing with attachment issues, to raising a child with special needs, it can sometimes be a struggle just getting through the day. Mike Berry knows the loneliness and isolation you can easily feel in your particular parenting role—because he's been there. He's still there, and he wants to give you the hope and encouragement you so desperately need.

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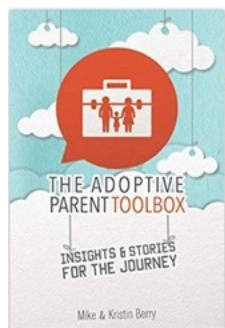


Attaching in Adoption: Practical Tools for Today's Parents

Author: Deborah D. Gray

A comprehensive guide for parents on how to understand and care for their adopted child and promote healthy attachment. Explains what attachment is, how grief and trauma can affect children's emotional development, and how to improve attachment, respect, cooperation and trust. Parenting techniques are matched to children's emotional needs and stages, and checklists are included to help parents assess how their child is doing at each developmental stage.

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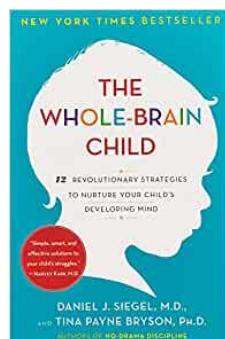


The Adoptive Parent Toolbox

Author: Mike and Kristin Berry

The Adoptive Parent Toolbox is designed to be a guide to any stage of the journey, whether you are thinking about adoption, just starting the process, or thinking about starting all over again. Each chapter delivers real-life perspectives from the Berry's 14-year journey as well as the advice and wisdom of hundreds of other families who have adopted both internationally and domestically. Everything from what to expect when you first begin the process, to handling difficult adoptions, the different costs involved, to post adoption advice when it comes to trauma or attachment issues.

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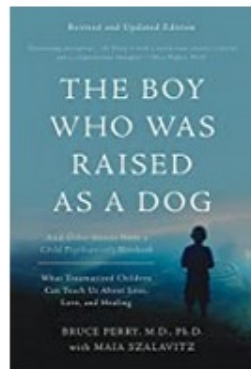


The Whole-Brain Child

Authors: Daniel J. Siegel and Tina Payne Bryson

In this practical book, the authors offer twelve key strategies that foster healthy brain development, leading to calmer, happier children. The authors explain the science of how a child's brain is wired and how it matures. The "upstairs brain," which makes decisions and balances emotions, is under construction until the mid-twenties. And especially in young children, the right brain and its emotions tend to rule over the logic of the left brain. By applying these discoveries to everyday parenting, you can turn any outburst, argument, or fear into a chance to integrate your child's brain and foster vital growth.

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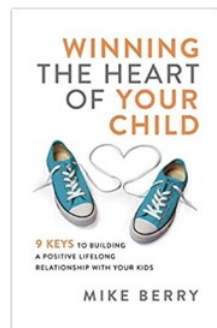


The Boy Who was
Raised as a Dog

Author: Bruce D. Perry

In this instant classic of developmental psychology, a renowned psychiatrist examines the effect that trauma can have on a child, reveals how PTSD impacts the developing mind, and outlines the path to recovery. Dr. Perry tells their stories of trauma and transformation through the lens of science, revealing the brain's astonishing capacity for healing. Perry explains what exactly happens to the brain when a child is exposed to extreme stress -- and reveals the unexpected measures that can be taken to ease a child's pain and help him grow into a healthy adult.

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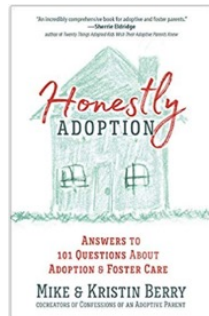


Winning the
Heart of Your Child

Author: Mike Berry

For parents who are concerned that their child is pulling away, following poor role models, or making choices that will lead to pain and difficulty, Mike Berry has good news: it's not too late. He offers parents nine keys to maximizing and leveraging their influence to help their children through these difficult years and develop a relationship with them that can weather any storm.

16

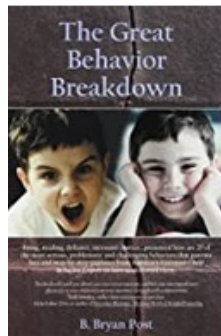


Honestly Adoption

Author: Mike and Kristin Berry

If you are considering adoption or foster care or are already somewhere in this difficult and complicated process, you need trusted information from people who have been where you are. Mike and Kristin Berry have adopted eight children and cared for another 23 kids in their nine-year stint as foster parents. They aren't just experts. They have experienced every emotional high and low and encountered virtually every situation imaginable as parents. Now, they want to share what they've learned with you.

17

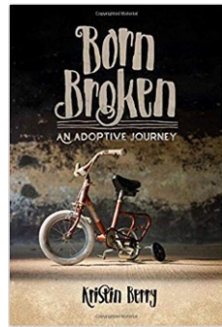


The Great Behavior Breakdown

Author: B. Bryan Post

The Great Behavior Breakdown identifies 27 of the most problematic, serious, and challenging behaviors that parents face, broken them down, and provided step-by-step guidance and insight for transforming your family conflict immediately. This is a must-read book for any parent or professional working with children who have seemingly uncontrollable behavior.

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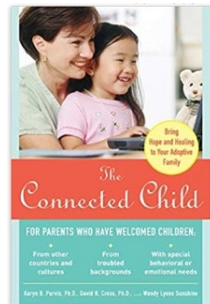


Born Broken

Author: Kristin Berry

This book is an eyes-wide-open look into one family's adoption journey. Kristin Berry tells her family's adoption story honestly and does not shy away from the challenges she and her family has faced, including isolation and depression. Written with her son's blessings, in the hopes that others will learn about and understand what it is like to live with Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Spectrum Disorders FASD.

19

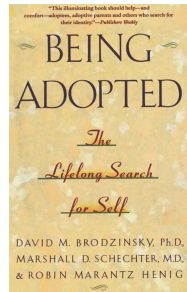


The Connected Child

Author: Karyn B. Purvis,
David R. Cross, and Wendy
Lyons Sunshine

The adoption of a child is always a joyous moment in the life of a family. Some adoptions, though, present unique challenges. Welcoming these children into your family—and addressing special needs—requires care, considerations, and compassion. Written by two research psychologists specializing in adoption and attachment, *The Connected Child* will help you: Build bonds of affection and trust with your adopted child, effectively deal with any learning or behavioral disorders, and discipline your child with love without making him or her feel threatened.

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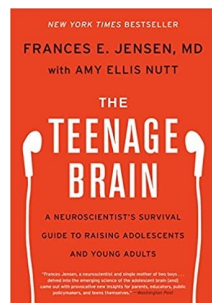


Being Adopted: The
Lifelong Search for Self

Authors:
David M. Brodzinsky,
Marshall D. Schechter,
Robin Marantz Henig

The voices of adoptees and adoptive parents are used in this book to explore the experience of adoption and its lifelong effects. This book normalizes the questions that many adoptees and their adoptive parents have. The authors use psychological and educational theory to construct a model of the normal yet unique stages of adoptee development.

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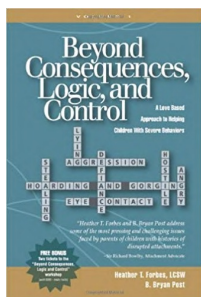


The Teenage Brain: A
Neuroscientist's Survival
Guide to Raising
Adolescents and Young
Adults

Authors: Frances E Jensen
and Amy Ellis Nutt

Dr. Jensen gathers what we've discovered about adolescent brain function, wiring, and capacity and explains the science in the contexts of everyday learning and multitasking, stress and memory, sleep, addiction, and decision-making. In this groundbreaking yet accessible book, these findings also yield practical suggestions that will help adults and teenagers negotiate the mysterious world of adolescent development.

22

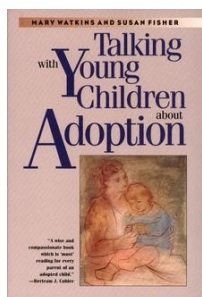


Beyond Consequences, Logic & Control

Authors:
Heather T Forbes
And B. Bryan Post

Heather T. Forbes and B. Bryan Post address some of the most pressing and challenging issues faced by parents of children with histories of disrupted attachments. The authors strip away the fog surrounding these troubled relationships, exposing the reality of children's reactions and dysregulated responses to the past traumatic experiences that so often underlie their difficulties.

23

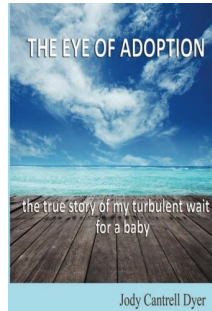


Talking With Young Children About Adoption

Authors:
Mary Watkins and Susan
Fisher

In this book, a clinical psychologist and a psychiatrist, both adoptive mothers, discuss how young children make sense of the fact that they are adopted, how it might appear in their play, and what worries they and their parents may have. Accounts by twenty adoptive parents of conversations about adoption with their children, from ages two to ten, graphically convey what the process of sharing about adoption is like.

24

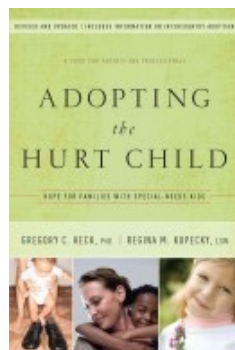


The Eye of Adoption

Author:
Jody Cantrell Dyer

"No one just adopts." From the very first steps of acknowledging adoption as a choice to the final document that seals the deal, including the sorrows of infertility and the demands of adoption, Jody Cantrell Dyer paints a raw, warm, heartbreaking and eventually triumphant portrayal that narrates the entire adoption process through compassionate and humor.

25

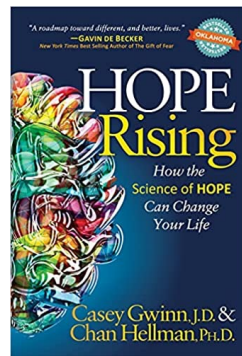


Adopting the Hurt Child

Authors:
Gregory Keck and
Regina Kupecky

Written in 2009, without avoiding the grim statistics, this book reveals the real hope that hurting children can be healed through adoptive and foster parents, social workers, and others who care.

26



Hope Rising

Authors:
Casey Gwinn and Chan
Hellman

Hope is the most predictive indicator of well-being in a person's life in all the research done on trauma, illness, and resiliency. *Hope Rising* provides a roadmap to measure hope in your life, assess what may have robbed you of the power of hope, and then provides strategies to increase hope. It challenges every reader to be transparent and honest about their own stories of struggle and adversity, calls for the end of shame and blame in addressing the struggles of those who have experienced trauma, illness, or abuse, and provides practical ways to increase your Hope score.