



JOIN US!

**OKLAHOMA KINSHIP, FOSTER,
and ADOPTIVE FAMILIES**

■ **SUPPORT** ■ **INFORMATION** ■ **RESOURCES** ■

*Garvin and McClain
Counties
In-Person Support
Group Meeting*

**Rescheduled
from 2/10/24 to
Sat 3/2/24
10am-12pm**

Compassion Church
113 W. McClure Ave.
Pauls Valley, OK 73075

**Our Speaker is
Brady Johnson from the
University of Oklahoma**

RSVP

Childcare is available with a reservation as well as a light meal. RSVP by contacting Tara Brown tara_b_brown@hotmail.com 405-251-0084 by noon, Thursday, February 8, 2024, so we can prepare for you.

Self-Awareness & Self-Care

Do you find yourself struggling to “keep it together” mentally or physically as a foster parent? Join us as Brady Johnson (adoptive, husband, father of four, foster father of one, and author) shares some tools to help get your stress under control as we journey towards the path to self-care through the discovery of self-awareness.

Training Credit: Parents in attendance will earn 2 hours of in-service training credit toward your annual 12-hour requirement. Come connect and learn with other kinship, foster, and adoptive families in Garvin, McClain, and surrounding counties.

Save the Date!

March 2024
NO MEETING THIS MONTH

April 13th, 2024
Discipline and Policy
Time: 10am-12pm

**Resource Family
Training & Support**

