# Igniting Hope with OKSA

Join us for a hands-on workshop designed to provide child welfare workers, foster parents, and other child welfare partners with innovative tools to better connect with teenagers. In this workshop you will learn to:

- · Apply the Science of Hope to your work:
- Help youth identify strengths and opportunities for skill-building;
- Implement goal-setting strategies to help motivate youth as they work toward goal attainment; and
- Foster a supportive environment to nurture hope and increase wellbeing.

By the end of this workshop, you will be equipped with the skills and resources to ignite hope and drive positive change in the lives of young people involved with the foster care system.

# Lawton, OK

October 29, 2024

9:00am - 12:00pm

October 29, 2024

2:00pm - 5:00pm

#### Ardmore, OK

November 6, 2024

9:00am - 12:00pm

November 6, 2024

2:00pm - 5:00pm

### Altus, OK

October 30, 2024

9:00am - 12:00pm

October 30, 2024

2:00pm - 5:00pm

## Ada, OK

November 7, 2024

9:00am - 12:00pm

November 7, 2024

2:00pm - 5:00pm



**REGISTER NOW** 



Contact **OKSAevents@ou.edu** with any questions.