



Resource Family  
Training & Support

# Online In-service Training

## Creative Discipline Strategies

*October 28, 2024 • 6:30–8:00 pm*

Lauren Alvarez, MA will guide us through practical and effective tools to establish creative discipline strategies for children and youth. Learn how to encourage cooperation, correct behavior, and nurture a growth mindset.

*With 22 years in public education, Lauren Alvarez, MA, is a seasoned teacher and parent educator. She now serves as an elementary school counselor, leveraging her unique experience from home visits to jail-based recovery programs.*



**Scan or Click  
Here to Register**

This in-service training is provided to all resource families who support children in their homes. Each participant will receive 1.5 hours of training credit. Email questions to [GPtraining@ou.edu](mailto:GPtraining@ou.edu).

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