



Strengthening the father-child connection.

Strong Dads is a program for fathers who are committed to giving their very best for their children. Fathers will learn new fathering skills, parenting skills, relationship skills, self-awareness and the importance of caring for themselves.

Each week fathers:

- Enjoy a light meal together
- Engage in a lively group discussion
- Check in with their fatherhood coach to help reach their goals

Join us and build a stronger connection with your child!

Due to generous funding from OHS, the program is FREE and gas assistance is available. However, space is limited.



Contact

▶ **Lacey McCause**
Field Program Coordinator
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918-746-3712

To learn more, visit
strongdads.okstate.edu



Visit us at extension.okstate.edu

Persons with disabilities who require alternative means for communication or program information or reasonable accommodation need to contact Lacey McCause at lacey.mccause@okstate.edu or 918-746-3712 at least two weeks prior to the event.

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